

February 2025

Newsletter

No. 35



Viking Manor Friends and Family

Hello there,

Hope you are all doing well. What nice weather we are having in the middle of Minnesota Winter! I heard the Groundhog did not see its shadow so possibly an early spring 😊👏!

Just a friendly reminder when bringing in new clothing for residents, please give it to the Activity Department to get it labeled- thank you.

Wishing you a great February, it will be a fun month here with fun planned events and one of our favorites is to celebrate Valentines Day with the residents! Take care,

Jessie Lunde-Burnside, Administrator

*HAPPY
BIRTHDAY!*

—
Brad P. – Feb 20th

Kermit R. –Feb 22nd

—
Celebrate with us!

February Resident of the Month

Ken Crowell

If Ken looks familiar to you, you might have spent a lot of time at Hawley Country Club – or on a MN lake ice fishing in the 80's, 90's & 2000's. (If you wonder if that statement is true – he's tallied 7 (!) Hole In Ones on various courses in his lifetime) Serving in the Navy from 1962-1966, Ken enjoyed his time on aircraft carriers as the person on the flight deck who signaled the planes to land, also the fresh seafood & ability to travel the world that the Navy provided him. (We heard lots of memories of eating fresh shrimp, etc over the years while he was in the Navy.) Originally from Detroit Lakes, MN Ken & wife Lorna (Danielson) moved from there to Moscow, ID while working on his Masters in Geography. They enjoyed raising their young daughter Andrea while there – Ken spending time hunting, golfing and reading books to little Andrea. After adding two additional daughters to their family (an infant daughter Sarah in 1974 & Laura in 1975) Ken took a job in Moorhead as the Director of Clay County Housing & Urban Development in 1979. A job he kept until his retirement in 2005. Working for HUD Housing had Ken coming to the Ulen Community regularly due to the Clay County apartments he'd managed here – so he was very familiar with Ulen when Laura moved here in 1998. In retirement Ken loved to stay busy – fishing, building fish houses, golfing (even making golf clubs as a hobby) and took some side jobs for Rose Creek Golf Course & driving courtesy van for Corwin's due to his love of visiting with others. He & Lorna have 5 grandchildren in total. Two kids from their daughter Andrea & her husband John, Ellie & Luke Absey (19), twins, who live in Cottage Grove, MN and three from their daughter Laura: Eli (21), Elise (18) & Emelia (14) Tweten who are in Ulen. Daughter Sarah was born with a heart defect and lived for a short time, Andrea died in 2023 after a two year journey with cancer. Ken & Lorna moved here in October from Moorhead, MN. (Lorna, a retired RN, lives in the Assisted Living – but keeps busy bopping over to calm Ken down at every turn. His dementia keeps us all on our toes.)

Written by: Crowell Family



We Congratulate you Ken on being Viking Manor's February Resident of the month, we sure enjoy you here with us!!

Happy Valentine's Day



February Events Corner:

- February 2nd: Groundhog Day
- February 9th: Superbowl Sunday!
- February 14th: Valentine's Day & Entertainment at 2pm
- February 17th: President's Day
- February 21st: National Care-Givers Day

Our "Activity Schedule" is posted on our website under Activity tab if you would like to see more of our fun events. Thank you!

Deb Walton, Activity Director

Social Services News

February

February has arrived and with it, longer days! We have officially made it through the "darkest" days of winter. Have you rested and rejuvenated? If not, there is still time to do so! Something that we can always count on is that there will be a "few" cold days before the warmth. Allow this time of the year to seep into your soul, cozy up, and prepare for the busy days of spring and summer. Only 49 days until Spring, we got this!

Minnesota Fun Fact: The coldest day recorded in Minnesota history was February 2, 1996: -60 degrees Fahrenheit!

I hope that record stays in 1996 where it belongs 😊

By: Caitlin Halverson, SSD

We extend our love and sympathy to the family and friends of:

Richard Rustad & David Underdahl

It was a privilege to know, love and care for them at Viking Manor, they will be greatly missed by all of us!



Check out our facebook page to see fun pictures!