

August 2024 Newsletter

No. 29



Welcome August

Hello families & friends,

Hope you are doing well! We are looking forward to a fun month in August. Our Residents look forward to the Annual Ulen Days- they sure enjoy the parade and the Centennial Band. Then towards Labor Day the residents that choose take a trip to Rollag Steam Threshers Events!

A reminder if you are in need of any therapy services, we have Blue Stone Therapy here on our team that provides PT, OT, Speech outpatient services- give us a call and we would be happy to assist you in getting this set up. I hope you all are enjoying your summer, enjoy the nice weather as it lasts! Also remember any questions, concerns or comments contact me at any time. Thank you!

Take care 🌸 Jessie Lunde-Burnside, Administrator

*HAPPY
BIRTHDAY!*

—
Gwen N. – Aug. 31st

Rick S. – Aug 27th

Celebrate with us!

Viking Manor Employee Spotlight Recognition

We Congratulate Lexi Blakeway on her 10-year anniversary -we are happy to celebrate!

LEXI BLAKEWAY WORKS AT VIKING MANOR AS AN RN CHARGE NURSE/MDS COORDINATOR ON OUR EAST WING. LEXI BRINGS HER GOOD-HEARTED UPLIFTING SPIRIT TO WORK EACH DAY FOR ALL OF US, WE ARE VERY GRATEFUL TO HAVE HER ON OUR TEAM! SHE KEEPS THE BEST INTERESTS IN MIND & ALSO ENSURES OUR RESIDENTS GET THE BEST CARE ❤️. LEXI IS A WONDERFUL CAREGIVER, SHE'S COMPASSIONATE, DEPENDABLE AND DEDICATED TO HER JOB! CONGRATS TO YOU LEXI, ON THIS ACCOMPLISHMENT, WE HOPE TO HAVE MANY MORE YEARS WITH YOU ON OUR TEAM!



Thank you, Lexi, for the years of service at Viking Manor!

We sure appreciate you!

Activity Events:

August 6th : National Root Beer Float Day
August 10th: National S'mores Day
August 11th : Entertainment with Bill & Jill
August 17th: Annual Ulen Days
August 20th: National Lemonade Day
August 27th: Rollag Trip

Our August "Daily Activity Schedule" is posted on our website under the Activities tab if you would like to see what we have planned each day. Also follow us on Facebook to see all the fun pictures 😊

Deb Walton, Activity Director



Social Services News:

August

It's AUGUST! My favorite month of the entire year (it's my birthday month 😊.) Some people feel that once we reach August, summer is over; I refuse to believe that for a second. There is so much we can still accomplish! Don't let one second of sunshine or warmth go to waste. If you have a garden that has some fruits and vegetables ripening, what do you do with them? Do you can them, freeze them, or simply eat it all fresh? I love hearing about the former gardens our residents used to have; the amount of work that goes into having one is incredible. If anyone has old canning secrets or a favorite recipe to share, I would love to get it from you!

This time of year, can get quite busy (sometimes overwhelmingly so), but if you have a spare moment, I do know our residents would love to receive a quick phone call, a short visit, or even a greeting card in the mail. It can get lonely around here at times; even though we try to stay busy it isn't quite the same as being in contact with friends and family. We are very blessed at Viking Manor to not only have the best residents, but also the best families!

Minnesota Fact: There are 66 state parks in this wonderful state of ours. They offer a variety of wildlife, scenery, and adventure at each one. I am often surprised at the number of people (our resident's included) who have not travelled much outside of the area, even right here in Minnesota. Do you have a favorite Minnesota State Park?

Caitlin Halvorson, SSD/RN