

# July 2024 Newsletter

No. 28

---



## Welcome July

Hello families & friends, hope you are having a nice summer so far! July is going to be a busy/fun month with a trip to the Fargo Zoo planned and a Pontoon Fishing Trip that our residents are looking forward to.

We have a new RN Case Manager, Alison, that has joined our team and working on the west wing of the building, we welcome her to our team 😊!

Reminder to all families and friends, be sure to let staff know if bring in new belongings (clothing, etc.) so we can get it added to the inventory list and ensure it gets the proper labeling.

Hope you all have a wonderful July!

*Take care, Jessie Lunde-Burnside, Administrator*

*HAPPY  
BIRTHDAY!*

—  
**Diane P. – July 2<sup>nd</sup>**

*Celebrate with us!*

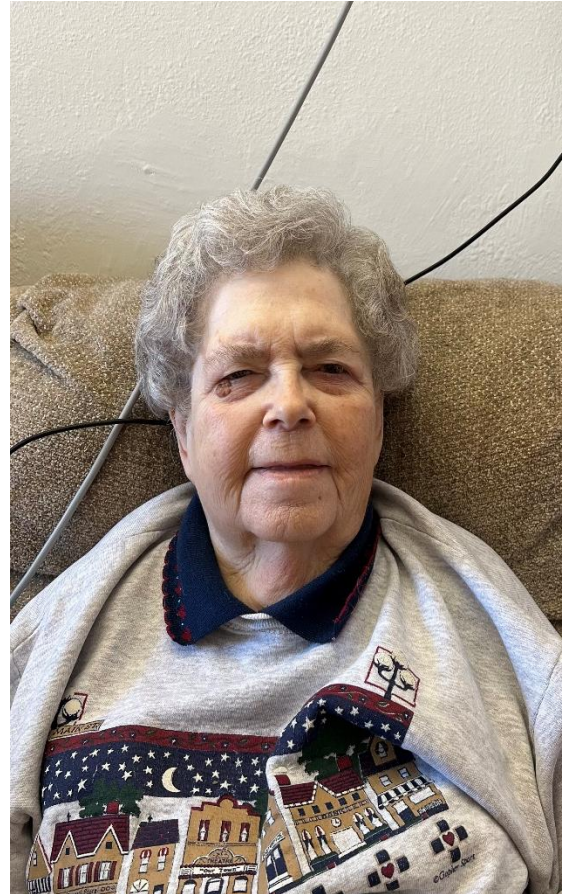
# July Resident of the Month

## Lavonne Dorseth

LaVonne Lue Hammer was born to Edwin & Lucille (Fabre) Hammer at their home in Twin Valley on November 21, 1935. Although she was to be a Christmas baby, she decided to come for Thanksgiving. She joined brother Robert (Bob) and 12 yrs. later a little sister Janine was welcomed into their family. LaVonne grew up in Twin Valley where she attended Twin Valley Public School. Her sophomore year the family moved to Crookston, MN where her father was promoted to another job at Ottertail Power Co. Her father died unexpected, and it was then that her mother moved the family back to Twin Valley. LaVonne graduated from Twin Valley in 1953. LaVonne married Vernon Dorseth of Flom, MN on June 20<sup>th</sup>, 1954, at Zion Lutheran Church, Twin Valley. The first year of their marriage they lived in Moorhead, MN where she worked for Bell Telephone. In the spring of 1955, they moved to the Flom area where she began her life as a Farmer's wife on a dairy farm. They lived here their entire married life on the farm. It was here they welcomed and raised their 4 children. Greg (passed away on Sept 30, 2012), Terri (Dale Thornton), Jennifer (Mike Klemetson) and Joelene (Jeff Brevik). She is blessed with 11 grandkids, 31 great grandkids and 1 great-great grandson.

LaVonne was active in their church, Aspelund Lutheran Church of Flom where she taught Sunday School. She was also active in the Popple Grove 4H club as a leader while her children grew up. During the years she also ran the 4H food stand for Mahnomen County. Lavonne worked some outside the home by working a few seasons at American Crystal Sugar. When her father-in-law passed, she took over the Long Branch Bar in Flom, until it burned in April of 1973. She also ran the Flom Café for many years before going to Twin Valley and working for ACI Telecentric as a Tele-marketer. Lavonne loves to cook, bake and can make Norwegian specialties. LaVonne and Vernon were looking forward to June 20, 224 to celebrate their 70<sup>th</sup> wedding anniversary, Vernon passed away on November 21<sup>st</sup>, 2023, at the age of 94.

Written by: Dorseth Family



**We Congratulate you Lavonne  
on being Viking Manor's July  
Resident of the month, we  
sure enjoy you here with us!!**

# Viking Manor Employee Spotlight Recognition

**We have a special anniversary that we are happy to celebrate in July!**

**Ronda Fischer** our Office Manager/Bookkeeper has been with us for 40 years (480 months of service)!! Ronda started out in the Housekeeping Department, then transitioned into the office many years ago. Ronda is very dedicated to her job; I joke with her often that we won't accept her retirement request when that comes 😂 as she knows all the ins' and outs' on all the fun insurance and bookkeeping needs here and she's not replaceable! It feels like yesterday her & I shared an office desk and computer (almost 20 years ago now). Viking Manor continues to be very fortunate to have her here with us on our team! A great employee like her is such an asset to this organization- Well done Ronda & enjoy your Happy work Anniversary! Thank you for all these years of service! Here is to 20 more 😊





### **Activity Events Corner:**

- July 4<sup>th</sup>: Independence Day!!
- July 11<sup>th</sup>: Blueberry Muffin Day!
- July 21<sup>st</sup>: National Ice Cream Day
- July 30: Let's Go Fishing!! Pontoon Trip
- July 31<sup>st</sup>: Trip to the Zoo!

Our July "Daily Activity Schedule" is posted on our website under the Activities tab if you would like to see what we have planned each day.

Entertainment on July 8, 11<sup>th</sup> and 19<sup>th</sup> at 2pm coffee hour & Church services on Sunday's- you are welcome to join us!

By: Deb Walton, Activity Director

### **Social Services News: July**

Hello July, the month we get to celebrate American Independence Day (Happy Birthday, America!). Many of us take advantage of this beautiful time of year and celebrate by having a cook-out, going to the lake, camping, and of course, fireworks. I feel obligated to mention, due to the number of veterans we have the honor of caring for, please be mindful of when and where you shoot fireworks. Many veterans who suffer from PTSD struggle on 4<sup>th</sup> of July weekend due to this. Whichever way you choose to celebrate, I hope you had a safe and happy 4<sup>th</sup>!

As always, please reach out with questions, concerns, and suggestions 😊

Minnesota Fact: Minnesota has 11,842 lakes (over 10 acres), how many have you been to?

By: Caitlin Halvorson, SSD