

September 2024 Newsletter

No. 30



Viking Manor Friends and Family

Hello September! Fall is approaching us!

We are glad to enjoy some nice warm days, we know they will be ending soon 😊

Fun fact: In September 1964 the citizens of Ulen passed a vote for Viking Manor construction to begin! We opened in 1965, 59 years ago! We are very blessed to continue to receive all the ongoing community support and helping us make our home such a great place. We are very thankful for all our employees, residents, families and friends.

Contact me with any questions or concerns at any time, enjoy September!

Take care! Jessie Lunde-Burnside, Administrator

*HAPPY
BIRTHDAY!*

George H – Sept 2nd

Marvin C – Sept 3rd

Dean W – Sept 6th

Don A – Sept 16th

Marlo G – Sept 19th

Emelyn F- Sept 20th

Celebrate with us!

September Resident of the Month

Gwen Nodsle

Gwendolyn (Hettenbaugh) Nodsle was born in Richardton, ND on August 31, 1943, to Homer and Leona Hettenbaugh. Gwen was the 4th of 5 children born to her parents. When she was 3 years old, her family moved from North Dakota to their family farm east of Glyndon where Gwen and her siblings all grew up. Gwen's elementary school years were spent at a small country schoolhouse just a mile north of their home and then she attended Glyndon High School where she graduated in 1961. She married John Nodsle that fall on October 21st, and they made their home near Hitterdal, MN for 3 years before purchasing their farm west of Ulen in October 1964. Gwen helped on the farm, and they milked cows for a few years too. They had 4 children, Ronda, Jean, Robert, and Kristi. Her time was spent helping on the farm with the cattle, fieldwork, and she also worked a few part time jobs. Those jobs included waitressing, helping at beet harvest, and working at the Felton elevator in the spring hauling fertilizer. When the kids were grown and gone, she worked for Northern Improvement during her summers. Gwen enjoyed riding horses with her children and also riding ATVs was a fun way to spend time with the family. She also enjoyed canning and baking. She also raised chickens every summer that turned out to be a family project every fall to get them processed and in the freezer. John and Gwen travelled around the country with friends in the winter months and went to Hawaii and enjoyed the ocean and everything it had to offer. Her husband John passed away on July 1, 2018, and Gwen stayed on the farm. She sold the farm to her grandson in September 2022 and moved to Parkview Apartments in Ulen. Viking Manor welcomed Gwen as a new resident in May 2024. Written by: Nodsle Family



**We Congratulate you Gwen
on being Viking Manor's
September Resident of the
month, we sure enjoy you
here with us!!**

Viking Manor

Employee Spotlight

Hello there! September is my 20th year work Anniversary 😊

Viking Manor holds a special place in my heart, I love my job and the people (residents & our employees) I share every day with! Our residents are family to us, and those relationships have made the last 20 years so enjoyable- I will cherish these years forever!

I would like to Thank you All- for trusting us with your care over the past 59 years. We will continue to provide loving, dignified care to our residents for years to come! I also want to thank our small-town community for all their ongoing support for our nursing home. I am confident Viking Manor provides some of the highest quality resident centered care ❤️ thank you!

Jessie Lunde-Burnside, Administrator

Goodbye August



Activity Events Corner:

September 2nd: Labor Day
September 4th: VM Annual Fair Day!
September 8th: Grandparents Day, entertainment Bill & Jill
September 17th: Walmart Shopping Trip
September 22nd: First day of Autumn
September 24th: Jerry Jacobson entertainment at 2pm
September 27th: Foster Grandkids visit

Our September "Activity Schedule" is posted on our website under Activity tab if you would like to see more of our events & dates 😊. We have some fun planned events for September that we are all looking forward too!

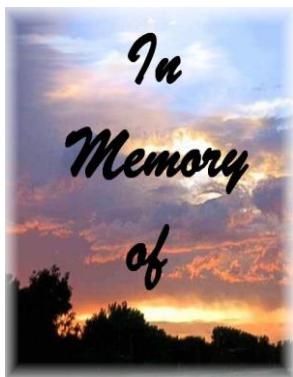
Thank you!
Deb Walton, Activity Director

Social Services News

Welcome to the beautiful month of September, where I always feel we get to enjoy the best of both worlds with cool crisp mornings and beautifully warm afternoons! It always feels as if the end of summer and kick off to fall starts with Labor Day weekend. Labor Day originated in the 1800s to symbolize the "working -man's holiday" to give industrial workers a day off. For some it is a time to shut down the lake places, others to enjoy one last weekend before school starts, and for some of us it is a working day (especially healthcare workers, thank you to all my co-workers!).

MN Fun Fact: The Honeycrisp apple was created in 1960 at the University of Minnesota through apple cross-breeding and released in 1991. Honeycrisp cells are twice the size of most other apples, resulting in its signature, addictive crunch. If you have a producing apple tree this year, it is soon time to harvest the delicious fruit! Honeycrisp apples are my personal favorite, what's your's?

Caitlin Halvorson, SSD



We extend our love and sympathy to the family and friends of:

Tom Swinson & Edna McDougall

It was a privilege to know, love and care for them at Viking Manor. They will be greatly missed by all of us!



Check out our facebook page to see fun pictures!