

November 2024 Newsletter

No. 32



Viking Manor Friends and Family

Greetings, families and friends, hope you are all doing well.

Thank you all who came here to Trick or Treating- our residents sure enjoyed seeing all of you!

With the holidays approaching us soon we would like to ask that all families that plan to celebrate holidays here at the nursing home to please limit those visits to 5 or less family members in those room reservation requests. This is due to the ongoing high number of flu and COVID cases in our surrounding communities. We thank you for understanding.

Happy Thanksgiving to all of you~ Take Care,

Jessie Lunde-Burnside, Administrator

*HAPPY
BIRTHDAY!*

—
Richard R. – Nov 11th

Lois O. – Nov 14th

Curtis B. – Nov 19th

Lavonne D. – Nov 21st

—
Celebrate with us!



November Events Corner:

November 3rd: Daylight Savings Ends
November 5th: Election Day
November 11th: Veterans Day
November 23rd: Thanksgiving Day

Our November "Activity Schedule" is posted on our website under Activity tab if you would like to see more of our fun events.

Thank you!

Deb Walton, Activity Director

Social Services News:

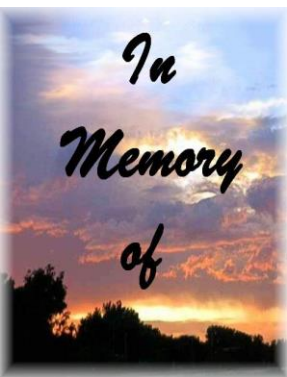
November

After October ending quite chaotically for us here at Viking Manor, I am happy to see the arrival of November (and I don't think I am the only one!). As Thanksgiving approaches, I cannot help but think about all that there is to be thankful for. I know that this is the time of year many people participate in the "30 Days of Thanks" and what an uplifting way to start each day. It is so easy to get caught up in everything going wrong, or everything we "don't have". This month is a great time to turn those thoughts around and focus on everything we "do have". Today I am thankful for my good health, my warm home, and the ability to go to work each day. What are you thankful for?

Minnesota Fun Fact: As we all know, Minnesota is home to many people with Norwegian heritage, but did you also know it is also home to the world's largest lefse? The town of Starbuck, MN got its claim to fame when it made a sheet of lefse over 9ft in diameter!

It was around this time 4 years ago when all of us at VM gathered in the dining room to roll out and fry up fresh lefse. Us young gals got some pointers from the women, like dusting off the lefse and griddle with a new (clean) paint brush to avoid burning the flour. I hope we can soon do that again. Is there anything better than fresh lefse with a good cup of coffee?

By: Caitlin Halvorson, SSD



We extend our love and sympathy to the family and friends of:

*Leroy Peterson, Paul Caskey &
Richard Anderson*

It was a privilege to know, love and care for them at Viking Manor. They will be greatly missed by all of us!

November Resident of the Month

Marvin Tollefsrud

Marvin was born on April 1, 1941, on the family farm north of Ulen to Selma and Henry Tollefsrud. Marvin was the youngest sibling of 6 children. Allen, Lowell, Leo, Shirley and Delmon.

Marvin along with his brother, Leo took over the family farm after their father died. The two brothers farmed, raising mainly wheat, corn and alfalfa for the many cattle they raised. Marvin raised cattle for most of his life on the farm until he retired about 15 years ago. Marvin always enjoyed being with family and friends. He enjoys hunting, fishing and playing many jokes on his nieces and nephews.

Marvin worked very hard every day to maintain the farm. Early mornings and late nights. Which was well worth the long hours when one of his cows had triplets!

Marvin would often be seen having coffee and visiting with residents, workers and guests while visit his mother, Selma, who was a resident of the Viking Manor.



*We Congratulate you Marvin
on being Viking Manor's
November Resident
of the month, we sure enjoy
you here with us!!*

Written by: Tollefsrud Family