

December 2024 Newsletter

No. 21



Viking Manor Friends and Family

Greetings to families and friends & Hello December!

We are very excited for all the upcoming events, and I sure enjoy seeing how much the residents love Christmas time!

All the families were sent letters regarding our Annual Holiday Christmas Parties in December, I hope that you can come and share in the fun that day with us, please remember to RSVP. If you are looking for some good ideas for Christmas gifts for your loved ones, please give us a call and we can assist 😊.

Wishing you all a Very Happy Holiday Season and hope you have a Merry Christmas!!

Jessie Lunde-Burnside, Administrator

*HAPPY
BIRTHDAY!*

Lowell J. – Dec 5th

Irma H. – Dec 10th

Mary K. – Dec 25th

Celebrate with us!

December Resident of the Month

Lois Oberg

Lois was born in Fullerton, ND November 14, 1936. Lois was raised on a farm with one older sister and one younger brother. In high school Lois played on the basketball team and the year she was a senior they won the state tournament. She was always proud of this. After graduation she moved to Fargo and got a job, she met John Oberg at a dance. They were married and moved to where he was stationed in MO in the army. John & Lois purchased a farm in Ulen, following the army and remained there and raised their four children; this was a job, along with farming life was a constant joy for Lois. As the children graduated and move forward in life, Lois found herself traveling, getting some education and volunteering. John passed away at the age of 60 and Lois found joy following his death in more travels, more winters in Arizona and always up do the next adventure. She was active in red hats, dancing, attending movies with large groups of friends. She enjoyed quilting, making jewelry, and painting also. The grass did not grow under her feet. At the age of 80 years, she was found Sky driving in Fargo on a beautiful summer day. OMG that's Mom. You just never know what was next with her. She moved from place to place easily over the years and met new friends easily everywhere so was. She always like to live in a high traffic area as not to miss anything that was going on. It might even be the front row of living in a park in AZ so she could great everyone as they were out for their morning walks. Currently, back to her beginnings in Ulen, with a lot of great caregivers and support

Thank you to all of you for this care!!

Written by: Oberg Family



***We Congratulate you Lois on
being Viking Manor's
December Resident of the
month, we sure enjoy you here
with us!!***



DOUGHNUTS

2 c. sugar	2 c. buttermilk
1/4 c. melted butter	2 tsp. soda
2 tsp. melted margarine	1 c. to 1 1/2 c. milk
1 1/2 tsp. salt	6 1/2 c. flour
1 tsp. vanilla	4 eggs, beaten

Mix together first six ingredients. Add soda to milk. Mix alternately with flour. Fold in eggs, beaten. Drop with doughnut maker in hot lard.

Orpha Braseth

Grandma Jean's Rolled Sugar Cookies:

Bowl 1:

1/2 cup butter
1/2 cup Crisco
3 cups flour
1 tsp cream of tarter
1/4 tsp salt

Bowl 2:

2 eggs, beaten
1 cup sugar
1 tsp soda in 1 TBSP water
1 tsp vanilla



Bowl 1: Mix until crumbly then add bowl 2. Cover and chill for 1 hour Roll and use cookie cutters to shape the cookies. Bake at 350 for 8-10 minutes (do not overbake!). Allow to set on cookie sheet before transferring to cooling rack.

Frosting:

1/4 cup butter
1 tsp vanilla (or almond flavoring if you like)
3 TBSP Milk
Microwave and then mix in powdered sugar (2 1/2-3 cups)

Jean Hansen



December Events Corner:

December 3rd: Sing-a-long with Susan

December 24th: Christmas Eve

December 25th: Christmas Day

Our "Activity Schedule" is posted on our website under Activity tab if you would like to see more of our fun events. Thank you!

Deb Walton, Activity Director

25 Days of Christmas- Fun days planned!

- 1 Make Paper Chain Countdown to Christmas
- 2 Decorate the Christmas Trees 🎄
- 3 Lefse Making Day with Wanda & Marilyn
- 4 Candy Cane Dice Game/Christmas crafts
- 5 Christmas Cone Houses
- 6 12 days of Christmas Bingo
- 7 Make Christmas Play Dough
- 8 Christmas Bingo
- 9 Decorate Christmas Cookies
- 10 Winter Wonderland Bingo Mush
- 11 National Cocoa Day Bar at 2pm with Mel
- 12 Christmas Hat Day
- 13 Christmas Crafts
- 14 Watch Christmas movie with popcorn
- 15 Christmas Jingo
- 16 Pop-Up Shop Shopping for family members!
- 17 Foster grandkids come to visit, Go on trip to look at holiday lights around town & Hitterdal
- 18 Snowball Fights
- 19 Sing Christmas Songs 🎵
- 20 Christmas Tree Crafts
- 21 Reindeer Games
- 22 Santa Dart Games
- 23 Visit with Santa Claus 🎅
- 24 Read "The night Before Christmas"
- 25 Enjoy Christmas Day with Friends and Family ❤️

Social Services News

December

Happy December! The holiday season is upon us, and maybe its just me but, you can feel it in the air. The decorations, the trees, and the music have a way of uplifting our spirits.

I so love to hear about all the different traditions our residents have followed in the past. Each family celebrates Christmas a little differently. Do you get a real or fake tree and what do you top it with? Do you open presents on Christmas Eve or Christmas Day? What favorite food do you enjoy over the holidays? My favorite traditions and celebrations are not the ones that include a ton of gifts, but the ones that make memories with the people I hold near and dear to my heart. I wish you a Merry Christmas and Happy New Year and hope that you get to spend it with someone special 😊

Minnesota Fun Fact: More people choose to have a real tree instead of artificial. Which do you have in your home?

By: Caitlin Halverson, SSD



Check out our facebook page to see fun pictures!